Be Kind

Just be kind.

Be Brave

Be brave enough to not be perfect so that you can learn & grow.

Be brave enough to try new things and new ways of doing things.

Be brave enough to persevere when things get tough.

Be brave enough to ask for help when you need it.

Be brave enough to offer help when someone else needs it.

Be brave enough to seek out an adult when someone needs more help than you can give.

Be brave enough to befriend someone who needs a friend.

Be brave enough to stand up for someone else when they need it.

Be brave enough to do the right thing instead of the easy thing.

Be brave enough to be different.

Be brave enough to be your very best self.